

# REFLECTIVE WRITING

## THE "DIEP" STRATEGY

### DESCRIBE

DESCRIBE OBJECTIVELY WHAT HAPPENED.

- What did you see, do, hear, etc.?
- Who was involved?
- When and where did it take place?

### EVALUATE

EVALUATE EXPERIENCE'S EFFECTIVENESS & USEFULNESS.

- What is your opinion about this experience?
- What is the experience's value?
- How might you rate the efficacy or utility of this experience to you and others?

### INTERPRET

INTERPRET THE EVENTS.

- Why did events happen that way?
- What might this experience mean?
- What were your feelings or new insights?
- What are your connections to previous learning?

### PLAN

PLAN HOW THIS INFORMATION WILL BE USEFUL TO YOU OR OTHERS.

- How might this experience help my course, program, career, or life in general?
- How might experience benefit my company, organization, or community?

The four steps in this approach are adapted from Boud, D. 1985, *Reflection: Turning Experience into Learning*.